

Gorgeous Guam!



Tourism

Island of Guam is an enchanting tropical paradise which is graced with gorgeous beaches, rich history and heritage, amazing parks, breathtaking waterfalls, and incredible flora and fauna. You can find this island territory in Micronesia, and it comes under the USA. So, if you are planning to visit this stunning Guam Island territory in your coming vacations, then you need to have a list of wonderful tourist attractions to explore.

Guam Pacific War Museum
World War 2 played a key role in the development and changing the scenario of Guam. In fact, Guam got a new shape and spirit after the massacre of the World War 2. So, it is really important for the country to memorialize its history and also pass this knowledge to the net generations. It is a small but amazing museum telling the tales of the history. The museum hosts hundreds of



historical drawing, photos and other memories for the tourists.
Magic show at Encore
Encore! is one of Guam's most beloved attractions. Staring the magician Anthony Reed, circus artist Ian Faraonel, and a

white lion named Rio, the show is held in a theater at the Fiesta Resort and has received rave reviews since its opening in 2016.
Tarzan Falls
If you like hiking, it's the best place to visit. Both the tourists and locals love this

place. Guided tours are available but it's better to go on your own. There are well-marked trails and you can easily reach the spot where the waterfall lies. In fact, there are several places where the waterfall drops and in the same way, you

can get into the water at any place of your choice. The main pool is quite large and deep, ideal for swimmers.

Sample street food at Chamorro Village
Although the market in Chamorro Village is open every day, it truly comes alive on Wednesday nights. Eat local delicacies (like honey-drizzled banana egg rolls, or chicken or pork BBQ-on-a-stick), pick up some souvenirs, and watch traditional dances.

Go scuba diving
Guam's technicolor coral reefs will give scuba divers an awe-inspiring glimpse into an alternate universe below the surface of the water, but history buffs also have something to dive for: the wrecks of German ship SMS Cormoran, and the wreck of the Japanese ship Tokai Maru, which were sunk by the U.S. Navy in World War I and II, respectively.
The two ships are close enough for divers to touch at the same time.

SRly tops in goods, passenger services

Chennai, Sept 16: Southern Railway's Chennai Division has introduced "Time-tabled container train services" to extend efficient loading and unloading of goods from industries and firms to destinations across the country.

Apart from coal and coke, other major commodities such as fertilisers, gypsum and limestone have been loaded in recent times.

The time-tabled container services were introduced in the division for the first time on August 20, and have been running daily between Chennai Harbour and Whitefield near Bengaluru. Each way trip fetches a revenue of Rs 4.3 lakh for the Railways, according to a Southern Railways press release.

The Chennai Division loaded its first rake with Muriate of Potash (MOP) of Indian Potash Limited to Gudivada in Andhra Pradesh. The rake left Chennai Harbour on September 7 with 1,338 tonnes of MOP generating revenue of Rs 9.57 lakh for Railways. Till date, a total of 2,667 tonnes of the consignment has been loaded, earning a revenue of Rs 20 lakh.

Safer train journeys
Southern Railway has introduced 13 pairs of intra-state trains after temporary suspension of intra-state trains as requested by the Govt of Tamil Nadu and they are originating and terminating from Dr MGR Chennai Central and Chennai Egmore - two important terminals serving Chennai city.

The extension of train services to Chennai has brought in an increase in the patronage of train services as compared to the patronage that earlier train services enjoyed when it was not touching Chennai but ran upto Arakonam or Chengalpattu. Similarly, 7 pairs of special mail/express trains are

being run in the State of Kerala. Southern Railway has taken several steps to ensure safe travel for passengers during COVID Pandemic. Only passengers with confirmed tickets and those who are asymptomatic are only allowed to travel. Thermal screening of passengers is done at the entry point itself. Regular sanitization of coaches, toilets are being done at terminals.

In addition to this several modifications have been done in the air-conditioning parameters to ensure safe journey of passengers in Air - Conditioned coaches also. Guidelines issued by Ministry of Health, Family welfare and Railway Board are being strictly followed and adhered to in all aspects.

As a safety precaution, Linen is no longer provided to passengers and as such, the temperature of the LHB AC coaches has been increased from the usual 23 degrees to 25 degrees Celsius using the microprocessor Controlled Unit in the AC Coaches so that the passengers are comfortable. In Non-LHB AC coaches, Electronic thermostats have been modified with a setting of 24 to 26 deg C.

Quality of Air
The quality of air inside the AC Coaches are ensured through Air - sanitization. By regular cleaning and sanitization of filters the quality of Air is maintained. These are cleaned during maintenance after every trip. During Periodic Over Hauling, AC ducts of all coaches are cleaned using Robotic procedure.

Thus it can be seen that with the train services including AC coach services in Southern railway being restored in a phased manner with the lifting of lockdown, all measures are being taken to keep the AC coaches in compliance with the stipulations of safety protocols.

One lakh saplings to honour environmentalist

Coimbatore, Sept 16: Farmers across 20 districts in Tamil Nadu began planting 1.26 lakh saplings in memory of 'Maram' (tree) Thangasamy Aiya, a farmer and well-known environmentalist.

The planting programme is Cauvery Calling's tribute to one of Tamil Nadu's most farmers and Arignar Anna awardee, who died on September 17, two years ago.

The event began in Senthakudi village in Pudukkottai to mark the day where his son Thanga Kannan participated as the chief guest.

Saplings are being planted across 45 locations in a total of 331 acres

of land in Pudukkottai, Thanjavur, Tiruvarur, Coimbatore, Salem, Tirupur, Vellore, Madurai and Kanniyakumari among others Tuesday and Wednesday.

Farmers will plant a minimum of 450 trees and a maximum of 15,000 trees on their farmlands, mostly high-value timber trees that will improve their economic condition and also enhance soil health and groundwater tables.

Cauvery Calling, which promotes tree-based agriculture, will enable over five million farmers to plant 2.42 billion trees on their farmlands over a 12-year period.

COVID-19 hits schedules of big budget Tamil films

Chennai, Sept 16: Eight-time National award-winning editor Sreekar Prasad was busy with the work on the Hindi war action biopic starring Sidharth Malhotra when the COVID-19 pandemic threw schedules haywire.

The deadly disease disrupted the schedule of some of his big budget projects on hand---Mani Ratnam's 'Ponniyin Selvan', Shankar's Kamal Haasan-starrer 'Indian 2' (both Tamil), and Rajamouli's 'RRR' (multi-lingual), an NTR-Ram Charan starrer.

The lockdown has been a revelation and the only way was to



adapt to the new situation, he told PTL. "...have been working for the past 37 years and always running from pillar to post, every day work, stuff like that and

suddenly to land up in a situation where there is no work. I mean it is difficult to communicate with other people, go out because of these lock-



downs... really takes a toll on you, I think, initially, to come to terms with reality.

But I think as it went on, then you realise that there is nothing much you can do about it and so you go about it in a way that will be productive.. so the only option left to me that time was to work from home..." he said. Prasad kept himself busy reading new scripts of projects likely to go on floors once the lockdown is lifted, done a few short films, some on home videos and some for the Over-the-top (OTT) platform, one directed by Suhasini Maniratnam for Amazon. Editing work on 'Shersha' directed by Vishnu Vardhan and Kunal Deshmukh's 'Shiddat' is almost completed, he said. Prasad used the time during the lockdown to polish the edit and "get into a situation where with those two to three days of shoot they

will do soon, editing work will be completed." He was constantly in touch with the directors online during the shutdown.

On 'Ponniyin Selvan', he said Vikram, Karthi and Jayam Ravi will be playing the lead roles. The Nawazuddin Siddiqui-Radhika Apte starrer 'Raat Akeli Hai' directed by Honey Trehan was scheduled for theatre release but because of COVID-19 it was released on the OTT platform. It was the first movie he edited to be released on this platform and it did well too, being a murder-mystery, Prasad said. Another ongoing project is 'Aadujeevitham' (Malayalam) directed by Blessy and starring Prithviraj Sukumaran. During the lockdown, he also launched a 'learning every day' channel on youtube to teach students about editing and filmmaking.

TULSYAN NEC LIMITED
Regd. Off. : 1st Floor, Apex Plaza, Old No.3, New No.77, Nungambakkam High Road, Chennai - 600 034. Phone : 044 - 61991060. Fax : 044 - 61991066. email : investor@tulsyanec.in
Website : www.tulsyanec.in CIN No. : L28920TN1947PLC007437

Unaudited Standalone and Consolidated Financial Results for the Quarter ended June 30, 2020 (₹ in Lakhs)

Sl. No.	Particulars	Standalone				Consolidated			
		Quarter ended June 30, 2020	Quarter ended March 31, 2019	Quarter ended June 30, 2019	Year ended March 31, 2020	Quarter ended June 30, 2020	Quarter ended June 30, 2019	Year ended March 31, 2020	Year ended March 31, 2019
1.	Total Income from Operations	9557.57	17487.96	19620.68	73664.53	9701.34	18893.73	75095.22	
2.	Net Profit/(Loss) for the period (before tax and exceptional items)	(7656.43)	(8816.80)	(3977.93)	(22,604.46)	(7711.56)	(3775.53)	(22038.71)	
3.	Net Profit/(Loss) for the period before tax (after exceptional items)	(7656.43)	(8816.80)	(3977.93)	(22,604.46)	(7711.56)	(3775.53)	(22038.71)	
4.	Net Profit/(Loss) for the period after tax (after exceptional items)	(7656.43)	(8816.80)	(3977.93)	(22,604.46)	(7711.56)	(3775.53)	(21920.88)	
5.	Other comprehensive Income (net of tax)	(5.26)	(35.01)	4.65	(21.06)	(5.26)	4.65	(21.06)	
6.	Total comprehensive Income for the period (Comprising Profit/(Loss) for the period (after tax) and Other Comprehensive Income (after tax))	(7661.69)	(8851.81)	(3973.28)	(22625.52)	(7716.82)	(3770.88)	(21941.94)	
7.	Equity Share Capital	1471.38	1471.38	1471.38	1471.38	1471.38	1471.38	1471.38	
8.	Reserves (excluding Revaluation Reserve) as shown in the Audited Balance Sheet of the previous year	-	-	-	-	-	-	-	
9.	Earnings Per Share (of Rs. 10/- each) (for continuing and discontinued operations)	(a) Basic (52.04)	(59.92)	(27.04)	(153.63)	(52.41)	(25.66)	(148.98)	
	(b) Diluted (in Rs.)	(52.04)	(59.92)	(27.04)	(153.63)	(52.41)	(25.66)	(148.98)	

NOTES:
1. The above is an extract of the detailed format of the quarterly financial results ended June 30, 2020 filed with the Stock Exchange under Regulation 33 of the SEBI (Listing and Obligations Disclosure Requirements) Regulations, 2015. The full format of the Unaudited Financial Results for the Quarter ended June 30, 2020 are available on the website of the BSE Limited i.e. www.bseindia.com on the Stock Exchange where the Company's shares are listed and on the website of the Company i.e. www.tulsyanec.in for Tulsyan NEC Limited
Sd/-
Lalit Kumar Tulsyan
Executive Chairman
DIN : 00632823

J.R.FOODS LIMITED
Regd. Off: J.K. Towers, 100 Feet Road, Pondicherry - 605 013
Works: Thirubuvanai, Pondicherry - 605107, Ph: 0413 - 2640427
E-mail : jrfoods@gmail.com

(₹ in Lakhs)

Sr. No.	Particulars	Quarter Ended 30.06.2020	Quarter Ended 31.03.2020	Quarter Ended 30.06.2019	Year Ended 31.03.2020	Year Ended 31.03.2019
		Unaudited	Audited	Unaudited	Audited	Audited
1.	Total Income From Operations (net)	22.00	39.36	20.75	104.41	7,439.73
2.	Net Profit / (Loss) for the period (Before Tax, Exceptional and/or Extraordinary Items)	(196.20)	(208.62)	(166.53)	(797.29)	(4,238.97)
3.	Net Profit / (Loss) for the period Before Tax (after Exceptional and/or Extraordinary Items)	(196.20)	(208.62)	(166.53)	(797.29)	(4,238.97)
4.	Net Profit / (Loss) for the period after Tax (after Exceptional and/or Extraordinary Items)	(196.20)	(208.62)	(166.53)	(797.29)	(4,238.97)
5.	Total Comprehensive Income for the period [Comprising Profit/(Loss) for the period (after tax) and Other Comprehensive Income (after tax)]	(196.20)	(208.62)	(166.53)	(797.29)	(4,238.97)
6.	Equity Share Capital	950.00	950.00	950.00	950.00	950.00
7.	Other Equity excluding revaluation reserve	(5,223.08)	(5,026.88)	(4,379.68)	(5,026.88)	(4,358.44)
8.	Earnings Per Share (of Rs. 10/- each) (for continuing and discontinued operations)					
	(a) Basic (in Rs.)	-2.07	-2.20	-1.75	-8.39	-44.62
	(b) Diluted (in Rs.)	-2.07	-2.20	-1.75	-8.39	-44.62

1. The above is an extract of the detailed format of Quarterly unaudited Financial Results filed with the Stock Exchange under Regulation 33 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015. The full format of the Quarterly unaudited Financial Results are available on the Stock Exchange Website of BSE at (www.bseindia.com) and on the Company's website (www.jrfoods.in).
2. The figure for the corresponding previous period have been restated/ regrouped wherever necessary to make them Comparable.

By order of the Board
For J.R.Foods Limited
Sd/-
Dinesh Kothari
Director
DIN No. : 00850924

Place: Pondicherry
Date: 15/09/2020

ASHRAM ONLINE.COM LTD
Regd.Off.No.29, Old No.12, 2nd Floor, Mookathal Street,Purasawalkam, Chennai. 600 007
Email: info@ashramonline.in
CIN NO. L74999TN1991PLC020764

Un Audited Financial Results for the Quarter Ended 30.06.2020 (₹ in Lakhs)

Particulars	Quarter ended			Year ended
	30.06.2020	31.03.2020	30.06.2019	31.03.2020
Total Revenue from operations (Net)	12.09	55.20	32.09	116.07
Net Profit / (Loss) From Continuing Operations After Tax	4.52	31.51	1.76	-16.66
Net Profit / (Loss) For the Period	4.52	31.51	1.76	-16.66
Paid - up equity share capital (Face Value of the share Rs. 10/- each)	1195.09	1195.09	1195.09	1195.09
Reserve excluding Revaluation Reserves as per balance sheet of previous accounting year	-165.44	-169.96	-151.54	-169.96
Earning per share (From Continuing and Discontinued Operations of Rs. 10/- Each)				
a. Basic	0.04	0.26	0.01	-0.14
b. Diluted	0.04	0.26	0.01	-0.14

Notes:
The above is an extract of the detailed format of the Quarterly / Twelve months Financial Results filed with the Bombay Stock Exchange Ltd under the Regulation 33 of the SEBI (Listing and other Disclosure Requirements) Regulations 2015. The full format of the Quarterly / Twelve months financial results are available on the Bombay Stock Exchange Ltd, www.bseindia.com and the company's website, www.ashramonline.in

M/s. ASHRAM ONLINE.COM LIMITED
Sd/-
SANGITA TATIA
WHOLE TIME DIRECTOR
DIN. 06932448

Place : Chennai - 600 007
Date : 15.09.2020